



**LIFE TIME FOUNDATION**

MON

TUE

WED

THU

FRI



## January is National Soup Month!

In chilly January, National Soup Month warms us up with a bowl of comfort. Make sure to come taste our homemade soups every Wednesday!



<p>6</p> <p>Oatmeal Chocolate Breakfast Bar</p> <p>Orange Chicken Brown Rice Edamame beans Pineapple</p>	<p>7</p> <p>Whole Grain Donut Bites</p> <p>Chicken Alfredo Pasta Roasted Broccoli Mixed Fruit</p>	<p>8</p> <p>Chocolate Cranberry Muffin &amp; String Cheese</p> <p>Grilled Cheese Tomato Soup Frozen Fruit Cup</p>	<p>9</p> <p>Turkey Sausage Pancake Wrap</p> <p>Bean and Cheese Burrito Calabacitas Applesauce</p>	<p>10</p> <p>Cinnamon Roll</p> <p>Cheeseburger Tater Tots Peaches</p>
<p>13</p> <p>Bagel &amp; Cream Cheese</p> <p>Chicken Drumstick Whole Grain Waffle Steamed Corn Applesauce</p>	<p>14</p> <p>Fruit &amp; Yogurt Parfait Granola w/ Walnuts</p> <p>Make-Your-Own Cheesy Beef Meatball Sub Steamed Broccoli Peaches</p>	<p>15</p> <p>Carrot Cake Muffin String Cheese</p> <p>Chicken Nuggets Dinner Roll Pozole Soup Frozen Fruit Cup</p>	<p>16</p> <p>Biscuit Breakfast Sandwich</p> <p>Chili Cheese Nachos Black Beans Mixed Fruit</p>	<p>17</p> <p>Mini Waffles</p> <p>Cheese Pizza Baby Carrots Pears</p>
<p>20</p> <p>MARTIN LUTHER KING, JR. DAY I HAVE A DREAM</p>	<p>21</p> <p>Oatmeal Chocolate Breakfast Bar</p> <p>Pull Apart Breadsticks Homemade Marinara Peaches</p>	<p>22</p> <p>Homemade Berry Oatmeal</p> <p>Chicken Nuggets Dinner Roll Minestrone Soup Mandarin Oranges</p>	<p>23</p> <p>Turkey Sausage Breakfast Burrito</p> <p>Chicken Tinga Tostada Spanish Rice Pinto Beans Pears</p>	<p>24</p> <p>Cinnamon Roll</p> <p>Cheeseburger Oven Fries Applesauce</p>
<p>27</p> <p>Bagel &amp; Cream Cheese</p> <p>Beef Strips Dinner Roll Mashed Potatoes &amp; Gravy Mixed Fruit</p>	<p>28</p> <p>Fruit &amp; Yogurt Parfait Granola w/ Walnuts</p> <p>Macaroni &amp; Cheese Baked Beans Applesauce</p>	<p>29</p> <p>Banana Chocolate Chip Muffin String Cheese</p> <p>Corn Dog Pozole Soup Frozen Fruit Cup</p>	<p>30</p> <p>Biscuit Breakfast Sandwich</p> <p>Walking Taco Baby Carrots Pears</p>	<p>31</p> <p>Mini Waffles</p> <p>Chicken Patty Sandwich Tater Tots Peaches</p>

## DAILY OPTIONS

### Breakfast

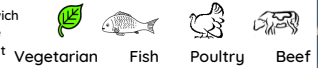
Breakfast Special  
Whole Grain Cereal  
with Graham Crackers  
Seasonal Whole Fresh Fruit  
100% Fruit Juice  
1% or Skim Milk

### Rotating 3rd Entrée

Monday/Thursday  
Turkey Ham and Cheese Sub  
Tuesday/Friday  
Chicken Ranch Wrap  
Wednesday  
Large Garden Salad with Chicken

### Lunch

Lunch Special  
Peanut Butter & Jelly Sandwich  
Rotating 3rd Lunch Entrée  
Seasonal Whole Fresh Fruit  
Crispy Garden Salad  
1% or Skim Milk



\*We serve a pork-free menu\*

## January is...

National Soup Month  
& National Oatmeal Month!

January 12th-18th - National Pizza Week  
January 20th - MLK Jr. Day

## MEAL PRICES

### Osborn Students:

All complete meals at no cost  
Milk \$0.50

### Adults/Visitors:

Breakfast \$2.75  
Lunch \$4.75

\*Cash/Check Accepted\*

SCAN HERE!



Menu items may change due to availability. This institution is an equal opportunity provider. Questions? Call the Child Nutrition Office at 602-707-2020



@nutriliciousosborn