

MON	TUE	WED	THU	FRI
<p><b>Have you tried hummus?</b></p> <p>It's a delicious and creamy dip/spread and a great source of fiber, protein and heart-healthy fats!</p>			<p>1  Breakfast Bagel Sandwich</p> <p>Macaroni &amp; Cheese</p> <p> Broccoli</p> <p> Applesauce Cup</p>	<p>2  Snack N' Waffle</p> <p>Chicken Patty Sandwich</p> <p> Potato Puffs</p> <p>Diced Peaches</p>
<p>5 Oatmeal Chocolate Breakfast Bar</p> <p>Cheese Quesadilla</p> <p> Pinto Beans</p> <p>Mixed Fruit</p>	<p>6 Very Berry Smoothie</p> <p> Teriyaki Chicken</p> <p>Brown Rice</p> <p>Roasted Carrots</p> <p>Diced Pears</p>	<p>7 Maria's Sweet Vanilla Muffin</p> <p>String Cheese</p> <p>Popcorn Chicken</p> <p> Dinner Roll</p> <p>Oven Fries</p> <p>Frozen Fruit Cup</p>	<p>8 Turkey Sausage Pancake Wrap</p> <p> Turkey Sausage</p> <p>Rotini &amp; Meat Sauce</p> <p>Parmesan Roasted</p> <p> Broccoli</p> <p>Diced Peaches</p>	<p>9 Whole Grain Donut Bites</p> <p>Homemade Cheese Pizza</p> <p> Buffalo Chipotle</p> <p>Cauliflower</p> <p>Applesauce Cup</p>
<p>12 Bagel &amp; Cream Cheese</p> <p> Chicken Tamale</p> <p>Pinto Beans</p> <p>Applesauce</p>	<p>13 Strawberry Yogurt Parfait</p> <p>Breakfast For Lunch</p> <p> Hashbrowns</p> <p>Diced Pears</p>	<p>14 Zucchini Bread Muffin</p> <p>String Cheese</p> <p> Beef Hot Dog</p> <p>Broccoli</p> <p>Frozen Fruit Cup</p>	<p>15  Breakfast Bagel Sandwich</p> <p>Beef Picadillo</p> <p> Tortilla</p> <p>Baby Carrots</p> <p>Mixed Fruit</p>	<p>16  Snack N' Waffle</p> <p> Fish Nuggets</p> <p>Potato Puffs</p> <p>Diced Peaches</p>
<p>19 Oatmeal Chocolate Breakfast Bar</p> <p>Orange Chicken</p> <p> Brown Rice</p> <p>Edamame</p> <p>Frozen Fruit Cup</p>	<p>20 Strawberry Yogurt Parfait</p> <p>Chicken Alfredo Pasta</p> <p> Broccoli</p> <p>Mixed Fruit</p>	<p>21 Manager's Choice / Whole Grain Cereal Graham Crackers</p> <p>Manager's Choice</p>	<p>22  Manager's Choice / Whole Grain Cereal Graham Crackers</p> <p>Manager's Choice</p>	<p><b>SCHOOL LUNCH HERO DAY</b></p> <p><b>HELL-SUMMER</b></p>

DAILY OPTIONS

**Breakfast**  
Breakfast Special  
Whole Grain Cereal with Graham Crackers  
Seasonal Whole Fresh Fruit  
100% Fruit Juice  
1% or Skim Milk

**Rotating 3rd Entrée**  
Monday/Thursday  
Turkey Ham and Cheese Sub  
Tuesday/Friday  
Chicken Ranch Wrap  
Wednesday  
Large Garden Salad with Chicken

**Lunch**  
Lunch Special  
Peanut Butter & Jelly Sandwich  
Rotating 3rd Lunch Entrée  
Seasonal Whole Fresh Fruit  
Crispy Garden Salad  
1% or Skim Milk

Vegetarian Fish Poultry Beef

\*We serve a pork-free menu\*

**May** is...  
National Salsa Month!  
May 13th National Hummus Day

MEAL PRICES

**Osborn Students:**  
All complete meals at no cost  
Milk \$0.50

**Adults/Visitors:**  
Breakfast \$2.75  
Lunch \$4.75  
\*Cash/Check Accepted\*



Menu items may change due to availability. This institution is an equal opportunity provider. Questions? Call the Child Nutrition Office at 602-707-2020  
 @nutriliciousosborn

Mango Tango Black Bean Salsa

**Ingredients:**  
1 mango, 1/4 c. onion, finely chopped, 1/4 c. fresh cilantro, coarsely chopped, 1 (15 oz.) can black beans, drained and rinsed, 2 T. lime juice, 1 (7 oz.) can whole kernel corn with peppers, drained, 1 tsp. garlic salt, and 1/4 tsp. ground cumin.



**Directions:**  
Wash and peel the mango, then cut in half length wise. Throw away the seed. Cut into 3/4-inch cubes. In a medium bowl, combine all ingredients and mix well. Refrigerate until ready to use. Serve with tortilla chips.