

MON	TUE	WED	THU	FRI
<p><b>Have you tried hummus?</b></p> <p>It's a delicious and creamy dip/spread and a great source of fiber, protein and heart-healthy fats!</p>			<p>1</p> <p>Turkey Sausage Breakfast Burrito</p> <p>Walking Taco Elote</p>	<p>2</p> <p>Snack N' Waffle</p> <p>Chicken Patty Sandwich Potato Puffs</p>
<p>5</p> <p>Oatmeal Chocolate Chip Breakfast Bar</p> <p>Chicken &amp; Cheese Quesadilla Pinto Beans</p>	<p>6</p> <p>Very Berry Smoothie</p> <p>Teriyaki Chicken Brown Rice Roasted Carrots</p>	<p>7</p> <p>Cranberry Orange Muffin String Cheese</p> <p>Popcorn Chicken Dinner Roll Oven Fries</p>	<p>8</p> <p>Chorizo Con Papas Tortilla</p> <p>Rotini &amp; Meat Sauce Parmesan Roasted Broccoli</p>	<p>9</p> <p>Cinnamon Roll</p> <p>Homemade Cheese Pizza Buffalo Chipotle Cauliflower</p>
<p>12</p> <p>Homemade Egg &amp; Cheese Taco</p> <p>Chicken Tamale Pinto Beans</p>	<p>13</p> <p>Strawberry Yogurt Parfait</p> <p>Breakfast for Lunch Hashbrowns</p>	<p>14</p> <p>Zucchini Bread Muffin String Cheese</p> <p>Beef Hot Dog Calabacitas Baked Beans</p>	<p>15</p> <p>Turkey Sausage Breakfast Burrito</p> <p>Beef Picadillo Tortilla Salad Bar</p>	<p>16</p> <p>Whole Grain Donut Bites</p> <p>Fish Tacos Potato Puffs</p>
<p>19</p> <p>Oatmeal Chocolate Chip Breakfast Bar</p> <p>Orange Chicken Brown Rice Salad Bar</p>	<p>20</p> <p>Very Berry Smoothie</p> <p>Chicken Alfredo Pasta Broccoli</p>	<p>21</p> <p>Manager's Choice / Whole Grain Cereal Graham Crackers</p> <p>Manager's Choice</p>	<p>22</p> <p>Manager's Choice / Whole Grain Cereal Graham Crackers</p> <p>Manager's Choice</p>	<p><b>SCHOOL LUNCH HERO DAY</b></p> <p><b>HELL-Summer</b></p>

### DAILY OPTIONS

**Breakfast**  
Breakfast Special  
Whole Grain Cereal with Graham Crackers  
Seasonal Whole Fresh Fruit  
100% Fruit Juice  
1% or Skim Milk

**Rotating 3rd Entrée**  
Monday/Thursday  
Turkey Ham and Cheese Sub  
Tuesday/Friday  
Chicken Ranch Wrap  
Wednesday  
Large Garden Salad with Chicken

**Lunch**  
Lunch Special  
Peanut Butter & Jelly Sandwich  
Rotating 3rd Lunch Entrée  
Seasonal Whole Fresh Fruit  
Crispy Garden Salad  
1% or Skim Milk

Vegetarian Fish Poultry Beef

**\*We serve a pork-free menu\***

**May** is...  
National Salsa Month!  
May 13th National Hummus Day

### MEAL PRICES

**Osborn Students:**  
All complete meals at no cost  
Milk \$0.50

**Adults/Visitors:**  
Breakfast \$2.75  
Lunch \$4.75  
\*Cash/Check Accepted\*

Menu items may change due to availability. This institution is an equal opportunity provider. Questions? Call the Child Nutrition Office at 602-707-2020

SCAN HERE!  
@nutriliciousosborn

## Mango Tango Black Bean Salsa

**Ingredients:**  
1 mango, 1/4 c. onion, finely chopped, 1/4 c. fresh cilantro, coarsely chopped, 1 (15 oz.) can black beans, drained and rinsed, 2 T. lime juice, 1 (7 oz.) can whole kernel corn with peppers, drained, 1 tsp. garlic salt, and 1/4 tsp. ground cumin.



**Directions:**  
Wash and peel the mango, then cut in half length wise. Throw away the seed. Cut into 3/4-inch cubes. In a medium bowl, combine all ingredients and mix well. Refrigerate until ready to use. Serve with tortilla chips.