

Pre-K

MAY 2025



MON	TUE	WED	THU	FRI
<p><b>Have you tried hummus?</b></p> <p>It's a delicious and creamy dip/spread and a great source of fiber, protein and heart-healthy fats!</p>			<p>1 Pancake Chicken Sausage Sandwich Macaroni &amp; Cheese Broccoli Applesauce Cup</p>	<p>2 Snack N' Waffle Chicken Patty Sandwich Potato Puffs Diced Peaches</p>
<p>5 Oatmeal Chocolate Breakfast Bar Cheese Quesadilla Pinto Beans Mixed Fruit</p>	<p>6 Cinnamon Bun Teriyaki Chicken Brown Rice Roasted Carrots Diced Pears</p>	<p>7 Maria's Sweet Vanilla Muffin Popcorn Chicken Oven Fries Frozen Fruit Cup</p>	<p>8 Turkey Sausage Pancake Wrap Rotini &amp; Meat Sauce Broccoli Diced Peaches</p>	<p>9 Whole Grain Donut Bites Homemade Cheese Pizza Garden Salad Applesauce Cup</p>
<p>12 Bagel &amp; Cream Cheese Chicken Tamale Garden Salad Applesauce Cup String Cheese</p>	<p>13 Strawberry Yogurt Parfait Breakfast For Lunch Hashbrowns Diced Pears</p>	<p>14 Zucchini Bread Muffin Popcorn Chicken Broccoli Frozen Fruit Cup</p>	<p>15 Pancake Chicken Sausage Breakfast Sandwich Beef Picadillo Tortilla Baby Carrots Mixed Fruit</p>	<p>16 Snack N' Waffle Fish Nuggets Potato Puffs Diced Peaches</p>
<p>19 Oatmeal Chocolate Breakfast Bar Orange Chicken Brown Rice Edamame Frozen Fruit Cup</p>	<p>20 Cinnamon Bun Chicken Alfredo Pasta Broccoli Mixed Fruit</p>	<p>21 Manager's Choice / Whole Grain Cereal Graham Crackers Manager's Choice</p>	<p>22 Manager's Choice / Whole Grain Cereal Graham Crackers Manager's Choice</p>	<p><b>SCHOOL LUNCH HERO DAY</b></p> <p><b>HELL☀️ Summer</b></p>

**Mango Tango Black Bean Salsa**

**Ingredients:**  
1 mango, 1/4 c. onion, finely chopped, 1/4 c. fresh cilantro, coarsely chopped, 1 (15 oz.) can black beans, drained and rinsed, 2 T. lime juice, 1 (7 oz.) can whole kernel corn with peppers, drained, 1 tsp. garlic salt, and 1/4 tsp. ground cumin.



**Directions:**  
Wash and peel the mango, then cut in half length wise. Throw away the seed. Cut into 3/4-inch cubes. In a medium bowl, combine all ingredients and mix well. Refrigerate until ready to use. Serve with tortilla chips.

**DAILY OPTIONS**

**Breakfast**  
Breakfast Special  
Whole Grain Cereal with Graham Crackers  
Seasonal Whole Fresh Fruit  
100% Fruit Juice  
1% or Skim Milk

**Rotating 3rd Entrée**  
Monday/Thursday  
Turkey Ham and Cheese Sub  
Tuesday/Friday  
Chicken Ranch Wrap  
Wednesday  
Large Garden Salad with Chicken

**Lunch**  
Lunch Special  
Peanut Butter & Jelly Sandwich  
Rotating 3rd Lunch Entrée  
Seasonal Whole Fresh Fruit  
Crispy Garden Salad  
1% or Skim Milk

Vegetarian Fish Poultry Beef

**\*We serve a pork-free menu\***  
Mixed Fruit is a combo of pears, peaches, and pineapple.

**May** is...

National Salsa Month!  
May 13th National Hummus Day

**MEAL PRICES**

**Osborn Students:**  
All complete meals at no cost  
Milk \$0.50

**Adults/Visitors:**  
Breakfast \$2.75  
Lunch \$4.75  
\*Cash/Check Accepted\*



Menu items may change due to availability. This institution is an equal opportunity provider. Questions? Call the Child Nutrition Office at 602-707-2020  
@nutriliciousosborn