

OCTOBER 2024



MON TUE WED THU FRI

	1 Fruit Yogurt Graham Crackers Walking Taco Baby Carrots Pears	2 Hummingbird Muffin String Cheese Corn Dog Baked Beans Strawberry Cup	3 Breakfast Sandwich Macaroni and Cheese Roasted Broccoli Applesauce	4 Mini Waffles Chicken Patty Sandwich Tater Tots Peaches
7 	8	9	10 <p>In October we celebrate National School Lunch week! Be sure to check out our special menu Oct 14th-18th.</p>	
14 Oatmeal Chocolate Breakfast Bar Chicken Wings Celery Applesauce	15 Cinnamon Bun Spaghetti Steamed Broccoli Mixed Fruit	16 Banana Chocolate Chip Muffin String Cheese Green Chile & Cheese Tamale Black Beans Strawberry Cup	17 Turkey Sausage Pancake Wrap Jalapeno Popper Mac & Cheese Oven Fries Pears	18 Whole Grain Donut Bites Spicy Joe Sandwich Steamed Corn Peaches
21 Oatmeal Chocolate Breakfast Bar Bean and Cheese Pupusa Curtido Cabbage Slaw Frozen Fruit Cup	22 Cinnamon Bun Teriyaki Chicken Brown Rice Edamame beans Mixed Fruit	23 Maria's Sweet Vanilla Muffin String Cheese Popcorn Chicken Dinner Roll Chicken Noodle Soup Pears	24 Turkey Sausage Pancake Wrap Rotini Pasta and Meat Sauce Baby Carrots Peaches	25 Whole Grain Donut Bites Cheese Pizza Oven Fries Applesauce
28 Bagel & Cream Cheese Chicken Tamale Pinto Beans Applesauce	29 Fruit Yogurt Graham Crackers Breakfast for Lunch Hash browns Pears	30 Zucchini Bread Muffin String Cheese Beef Hot Dog Chicken Chili White Bean Soup Mandarin Oranges	31 Breakfast Sandwich Beef Picadillo Whole Grain Tortilla Baby Carrots Mixed Fruit Halloween Treat	

DAILY OPTIONS

Breakfast
Breakfast Special
Whole Grain Cereal
with Graham Crackers
Seasonal Whole Fresh Fruit
100% Fruit Juice
1% or Skim Milk

Rotating 3rd Entrée
Monday/Thursday
Turkey Ham and Cheese Sub
Tuesday/Friday
Chicken Ranch Wrap
Wednesday
Large Garden Salad with Chicken

Lunch
Lunch Special
Peanut Butter & Jelly Sandwich
Rotating 3rd Lunch Entrée
Seasonal Whole Fresh Fruit
Crispy Garden Salad
1% or Skim Milk

Vegetarian Fish Poultry Beef

We serve a pork-free menu

October is...

Hispanic Heritage Month
Farm to School Month
National Apple Month

October 14th-18th
National School Lunch Week
October 17th
National Pasta Day

MEAL PRICES

Osborn Students:
All complete meals at no cost
Milk \$0.50

Adults/Visitors:
Breakfast \$2.75
Lunch \$4.75
Cash/Check Accepted

Menu items may change due to availability. This institution is an equal opportunity provider. Questions? Call the Child Nutrition Office at 602-707-2020

SCAN HERE!

@nutriliciousosborn