



MON TUE WED THU FRI

	<p>1 Very Berry Yogurt Pizza</p> <hr/> <p>Walking Taco Baby Carrots Pears</p>	<p>2 Hummingbird Muffin String Cheese</p> <hr/> <p>Corn Dog Baked Beans Strawberry Cup</p>	<p>3 Breakfast Bagel Sandwich</p> <hr/> <p>Macaroni and Cheese Roasted Broccoli Applesauce</p>	<p>4 Mini Waffles</p> <hr/> <p>Chicken Patty Sandwich Tater Tots Peaches</p>
<p>7</p>	<p>8</p>	<p>9</p>	<p>10</p>	<p>11</p>
<p><b>Happy Fall Break</b></p>				
<p>14</p>	<p>15</p>	<p>16</p>	<p>17</p>	<p>18</p>
<p>Oatmeal Chocolate Breakfast Bar</p> <hr/> <p>Chicken Wings Celery Applesauce</p>	<p>Fruit &amp; Yogurt Smoothie Educational Crackers</p> <hr/> <p>Spaghetti Steamed Broccoli Mixed Fruit</p>	<p>Banana Chocolate Chip Muffin String Cheese</p> <hr/> <p>Green Chile &amp; Cheese Tamale Black Beans Strawberry Cup</p>	<p>Turkey Sausage Breakfast Burrito</p> <hr/> <p>Jalapeno Popper Mac &amp; Cheese Oven Fries Pears</p>	<p>Cinnamon Roll</p> <hr/> <p>Spicy Joe Sandwich Steamed Corn Peaches</p>
<p>21</p>	<p>22</p>	<p>23</p>	<p>24</p>	<p>25</p>
<p>Oatmeal Chocolate Breakfast Bar</p> <hr/> <p>Bean and Cheese Pupusa Curtido Cabbage Slaw Frozen Fruit Cup</p>	<p>Fruit &amp; Yogurt Smoothie Educational Crackers</p> <hr/> <p>Teriyaki Chicken Brown Rice Edamame beans Mixed Fruit</p>	<p>Maria's Sweet Vanilla Muffin String Cheese</p> <hr/> <p>Popcorn Chicken Dinner Roll Chicken Noodle Soup Pears</p>	<p>Turkey Sausage Pancake Wrap</p> <hr/> <p>Rotini Pasta and Meat Sauce Baby Carrots Peaches</p>	<p>Whole Grain Donut Bites</p> <hr/> <p>Cheese Pizza Oven Fries Applesauce</p>
<p>28</p>	<p>29</p>	<p>30</p>	<p>31</p>	
<p>Bagel &amp; Cream Cheese</p> <hr/> <p>Chicken Tamale Pinto Beans Applesauce</p>	<p>Fruit &amp; Yogurt Smoothie Educational Crackers</p> <hr/> <p>Breakfast for Lunch Hash browns Pears</p>	<p>Zucchini Bread Muffin String Cheese</p> <hr/> <p>Beef Hot Dog Chicken Chili White Bean Soup Mandarin Oranges</p>	<p>Breakfast Bagel Sandwich</p> <hr/> <p>Beef Picadillo Whole Grain Tortilla Baby Carrots Mixed Fruit Halloween Treat</p>	

In October we celebrate  
National School Lunch week!  
Be sure to check out our  
special menu Oct 14th-18th.



## DAILY OPTIONS

**Breakfast**  
Breakfast Special  
Whole Grain Cereal  
with Graham Crackers  
Seasonal Whole Fresh Fruit  
100% Fruit Juice  
1% or Skim Milk

**Rotating 3rd Entrée**  
Monday/Thursday  
Turkey Ham and Cheese Sub  
Tuesday/Friday  
Chicken Ranch Wrap  
Wednesday  
Large Garden Salad with Chicken

**Lunch**  
Lunch Special  
Peanut Butter & Jelly Sandwich  
Rotating 3rd Lunch Entrée  
Seasonal Whole Fresh Fruit  
Crispy Garden Salad  
1% or Skim Milk

**Vegetarian** **Fish** **Poultry** **Beef**

**\*We serve a pork-free menu\***

## October is...

**LOCALLY GROWN**

Hispanic Heritage Month  
Farm to School Month  
National Apple Month

October 14th-18th  
**National School Lunch Week**  
October 17th  
**National Pasta Day**

## MEAL PRICES

**Osborn Students:**  
All complete meals at no cost  
Milk \$0.50

**Adults/Visitors:**  
Breakfast \$2.75  
Lunch \$4.75  
**\*Cash/Check Accepted\***

**SCAN HERE!**

Menu items may change due to availability. This institution is an equal opportunity provider. Questions? Call the Child Nutrition Office at 602-707-2020

@nutriliciousosborn