

# Middle

# OCTOBER 2024



MON TUE WED THU FRI

	<b>1</b> Very Berry Yogurt Parfait <hr/> Walking Taco Lettuce & Cheese Cup Salsa	<b>2</b> Hummingbird Muffin String Cheese <hr/> Corn Dog Baked Beans	<b>3</b> Breakfast Sandwich <hr/> Macaroni and Cheese Roasted Broccoli	<b>4</b> Mini Waffles <hr/> Chicken Patty Sandwich Tater Tots Peaches
<b>7</b> 	<b>8</b>	<b>9</b>	<b>10</b> In October we celebrate <b>National School Lunch week!</b> Be sure to check out our special menu Oct 14th-18th.	<b>11</b> 
<b>14</b> Oatmeal Chocolate Breakfast Bar <hr/> Chicken Wings Celery	<b>15</b> Fruit & Yogurt Smoothie Educational Crackers <hr/> Spaghetti Steamed Broccoli	<b>16</b> Banana Chocolate Chip Muffin String Cheese <hr/> Green Chile & Cheese Tamale Black Beans	<b>17</b> Breakfast Burrito <hr/> Jalapeno Popper Mac & Cheese Oven Fries	<b>18</b> Cinnamon Roll <hr/> Spicy Joe Sandwich Steamed Corn
<b>21</b> Egg and Cheese Breakfast Taco <hr/> Bean and Cheese Pupusa Curtido Cabbage Slaw	<b>22</b> Very Berry Yogurt Parfait <hr/> Teriyaki Chicken Brown Rice	<b>23</b> Maria's Sweet Vanilla Muffin String Cheese <hr/> Popcorn Chicken Dinner Roll Chicken Noodle Soup	<b>24</b> Chorizo Con Papas Whole Grain Tortilla <hr/> Rotini Pasta and Meat Sauce	<b>25</b> Whole Grain Donut Bites <hr/> Cheese Pizza Oven Fries
<b>28</b> Bagel & Cream Cheese <hr/> Chicken Tamale Pinto Beans	<b>29</b> Fruit & Yogurt Smoothie Educational Crackers <hr/> Breakfast for Lunch Hash browns	<b>30</b> Zucchini Bread Muffin String Cheese <hr/> Beef Hot Dog Chicken Chili White Bean Soup	<b>31</b> Breakfast Sandwich <hr/> Beef Picadillo Whole Grain Tortilla Halloween Treat	

## DAILY OPTIONS

### Breakfast

Breakfast Special  
 Whole Grain Cereal  
 with Graham Crackers  
 Seasonal Whole Fresh Fruit  
 100% Fruit Juice  
 1% or Skim Milk

### Rotating 3rd Entrée

Monday/Thursday  
 Turkey Ham and Cheese Sub  
 Tuesday/Friday  
 Chicken Ranch Wrap  
 Wednesday  
 Large Garden Salad with Chicken

### Lunch

Lunch Special  
 Peanut Butter & Jelly Sandwich  
 Rotating 3rd Lunch Entrée  
 Seasonal Whole Fresh Fruit  
 Crispy Garden Salad  
 1% or Skim Milk

Vegetarian Fish Poultry Beef  
 \*We serve a pork-free menu\*

## October is...

Hispanic Heritage Month  
 Farm to School Month  
 National Apple Month  
 October 14th-18th  
**National School Lunch Week**  
 October 17th  
**National Pasta Day**

## MEAL PRICES

### Osborn Students:

All complete meals at no cost  
 Milk \$0.50

### Adults/Visitors:

Breakfast \$2.75  
 Lunch \$4.75

\*Cash/Check Accepted\*

SCAN  
 HERE!



Menu items may change due to availability. This institution is an equal opportunity provider. Questions? Call the Child Nutrition Office at 602-707-2020

@nutriliciousosborn