



| MON | TUE | WED | THU | FRI |
|--|--|---|--|--|
| 2 <hr/> | 3 Bagel & Cream Cheese <hr/> Chicken Tamale Pinto Beans Applesauce | 4 Zucchini Bread Muffin String Cheese <hr/> Beef Hot Dog Steamed Broccoli Mandarin Oranges | 5 Breakfast Sandwich <hr/> Beef Picadillo NEW Whole Grain Tortilla Baby Carrots Mixed Fruit | 6 Mini Waffles <hr/> Fish Nuggets Tater Tots Peaches |
| 9 Oatmeal Chocolate Breakfast Bar <hr/> Orange Chicken Brown Rice Edamame beans Pineapple | 10 Cinnamon Bun <hr/> Chicken Alfredo Pasta Roasted Broccoli Mixed Fruit | 11 Chocolate Cranberry Muffin & String Cheese <hr/> Chicken Nuggets Dinner Roll Baby Carrots Frozen Fruit Cup | 12 Turkey Sausage Pancake Wrap <hr/> Bean and Cheese Burrito Elote Corn Applesauce | 13 Whole Grain Donut Bites <hr/> Cheeseburger Tater Tots Peaches |
| 16 Bagel & Cream Cheese <hr/> Chicken Drumstick Dinner Roll Steamed Corn Applesauce | 17 Fruit Yogurt Graham Crackers <hr/> Make-Your-Own Cheesy Beef Meatball Sub Steamed Broccoli Peaches | 18 Carrot Cake Muffin String Cheese <hr/> Grilled Cheese Tomato Soup Pineapple | 19 Breakfast Sandwich <hr/> Chili Cheese Nachos Black Beans Mixed Fruit | 20 Mini Waffles <hr/> Cheese Pizza Baby Carrots Pears |
| 23 Oatmeal Chocolate Breakfast Bar <hr/> Pull Apart Breadsticks Homemade Marinara Peaches | 24 Cinnamon Bun <hr/> Chicken Pot Pie Steamed Broccoli Mixed Fruit | 25 Banana Chocolate Chip Muffin String Cheese <hr/> Chicken Nuggets Dinner Roll Bean Salad Mandarin Oranges | 26 Turkey Sausage Pancake Wrap <hr/> Chicken Tinga Tostada Spanish Rice NEW Baby Carrots Pears | 27 Whole Grain Donut Bites <hr/> Cheeseburger Oven Fries Applesauce |
| 30 Bagel & Cream Cheese <hr/> Beef Strips Dinner Roll Mashed Potatoes & Gravy Mixed Fruit | September is National Potato Month! Potatoes are a good source of fiber to keep us full and vitamin C to keep us healthy! They are also high in a nutrient called potassium, an electrolyte which aids in the working of our heart, muscles, and nervous system. | | | |

HELLO
September

DAILY OPTIONS

Breakfast
 Breakfast Special
 Whole Grain Cereal
 with Graham Crackers
 Seasonal Whole Fresh Fruit
 100% Fruit Juice
 1% or Skim Milk

Rotating 3rd Entrée
 Monday/Thursday
 Turkey Ham and Cheese Sub
 Tuesday/Friday
 Chicken Ranch Wrap
 Wednesday
 Large Garden Salad with Chicken

Lunch
 Lunch Special
 Peanut Butter & Jelly Sandwich
 Rotating 3rd Lunch Entrée
 Seasonal Whole Fresh Fruit
 Crispy Garden Salad
 1% or Skim Milk

Vegetarian Fish Poultry Beef

We serve a pork-free menu

ANNOUNCEMENTS

We are now serving
 local Arizona
 ground beef on our
 menu!

Awarded by Alliance for a Healthier Generation
 Proud to be one of
AMERICA'S HEALTHIEST SCHOOLS
 2024 AWARDEE

MEAL PRICES

Osborn Students:
 All complete meals at no cost
 Milk \$0.50

Adults/Visitors:
 Breakfast \$2.75
 Lunch \$4.75
 Cash/Check Accepted

Menu items may change due to availability. This institution is an equal opportunity provider. Questions? Call the Child Nutrition Office at 602-707-2020

SCAN HERE!

@nutriliciousosborn