



MON	TUE	WED	THU	FRI
<b>2</b>  <hr/> Oatmeal Chocolate Breakfast Bar Orange Chicken Brown Rice Edamame beans Pineapple	<b>3</b> Bagel & Cream Cheese <hr/> Chicken Tamale Pinto Beans Applesauce	<b>4</b> Zucchini Bread Muffin String Cheese <hr/> Beef Hot Dog Steamed Broccoli Mandarin Oranges	<b>5</b> Breakfast Bagel Sandwich <hr/> Beef Picadillo <b>NEW</b> Whole Grain Tortilla Baby Carrots Mixed Fruit	<b>6</b> Mini Waffles <hr/> Fish Nuggets Tater Tots Peaches
<b>9</b> Oatmeal Chocolate Breakfast Bar <hr/> Orange Chicken Brown Rice Edamame beans Pineapple	<b>10</b> Fruit & Yogurt Parfait Granola w/ Walnuts <hr/> Chicken Alfredo Pasta Roasted Broccoli Mixed Fruit	<b>11</b> Chocolate Cranberry Muffin & String Cheese <hr/> Chicken Nuggets Dinner Roll Baby Carrots Frozen Fruit Cup	<b>12</b> Turkey Sausage Pancake Wrap <hr/> Bean and Cheese Burrito Elote Corn Applesauce	<b>13</b> Whole Grain Donut Bites <hr/> Cheeseburger Tater Tots Peaches
<b>16</b> Bagel & Cream Cheese <hr/> Chicken Drumstick Dinner Roll Steamed Corn Applesauce	<b>17</b> Fruit & Yogurt Parfait Granola w/ Walnuts <hr/> Make-Your-Own Cheesy Beef Meatball Sub Steamed Broccoli Peaches	<b>18</b> Carrot Cake Muffin String Cheese <hr/> Grilled Cheese Tomato Soup Pineapple	<b>19</b> Turkey Sausage Biscuit Breakfast Sandwich <hr/> Chili Cheese Nachos Black Beans Mixed Fruit	<b>20</b> Mini Waffles <hr/> Cheese Pizza Baby Carrots Pears
<b>23</b> Oatmeal Chocolate Breakfast Bar <hr/> Pull Apart Breadsticks Homemade Marinara Peaches	<b>24</b> Very Berry Smoothie Educational Crackers <hr/> Chicken Pot Pie Steamed Broccoli Mixed Fruit	<b>25</b> Banana Chocolate Chip Muffin String Cheese <hr/> Chicken Nuggets Dinner Roll Bean Salad Mandarin Oranges	<b>26</b> Turkey Sausage Breakfast Burrito <hr/> Chicken Tinga Tostada Spanish Rice <b>NEW</b> Baby Carrots Pears	<b>27</b> Whole Grain Donut Bites <hr/> Cheeseburger Oven Fries Applesauce
<b>30</b> Cinnamon Roll <hr/> Beef Strips Dinner Roll Mashed Potatoes & Gravy Mixed Fruit	<b>September is National Potato Month!</b>  Potatoes are a good source of fiber to keep us full and vitamin C to keep us healthy! They are also high in a nutrient called potassium, an electrolyte which aids in the working of our heart, muscles, and nervous system.			

HELLO September

## DAILY OPTIONS

**Breakfast**  
 Breakfast Special  
 Whole Grain Cereal with Graham Crackers  
 Seasonal Whole Fresh Fruit  
 100% Fruit Juice  
 1% or Skim Milk

**Rotating 3rd Entrée**  
 Monday/Thursday  
 Turkey Ham and Cheese Sub  
 Tuesday/Friday  
 Chicken Ranch Wrap  
 Wednesday  
 Large Garden Salad with Chicken

**Lunch**  
 Lunch Special  
 Peanut Butter & Jelly Sandwich  
 Rotating 3rd Lunch Entrée  
 Seasonal Whole Fresh Fruit  
 Crispy Garden Salad  
 1% or Skim Milk

Vegetarian Fish Poultry Beef

**\*We serve a pork-free menu\***

## ANNOUNCEMENTS

  
 We are now serving local Arizona ground beef on our menu!



  
 Awarded by Alliance for a Healthier Generation  
 Proud to be one of AMERICA'S HEALTHIEST SCHOOLS  
 2024 AWARDEE

## MEAL PRICES

**Osborn Students:**  
 All complete meals at no cost  
 Milk \$0.50

**Adults/Visitors:**  
 Breakfast \$2.75  
 Lunch \$4.75  
 \*Cash/Check Accepted\*

Menu items may change due to availability. This institution is an equal opportunity provider. Questions? Call the Child Nutrition Office at 602-707-2020

  @nutriliciousosborn